

**Sale Price \$69.<sup>95</sup>**  
~~**Reg \$104**~~

**Isotonix  
Multivitamin**

**Isotonix  
Activated  
B-Complex**

**Heart Health  
Essential Omega 3  
Fish Oil with  
Vitamin E**

“The alarming fact is that food – fruits and vegetables and grains – now being raised on millions of acres of land that no longer contains enough of certain needed nutrients, are starving us no matter how much we eat of them.” U S Senate Document 264, 1936

There was a time when simply eating a healthy diet and avoiding all anti-nutrients ensured that we got all the minerals needed to stay healthy - research today shows that this may no longer be the case as the nutrient content of our food is on the decline.

Percentage of Mineral Depletion From Soil During The Past 100 Years, By Continent:  
 North America 85%  
 South America 76%  
 Asia 76%  
 Africa 74%  
 Europe 72%  
 Australia 55%

# OPTIMAL WELLNESS KIT

Take Control of Your Health



Reg. \$21.<sup>95</sup>

Immune Boost

Reg. \$22.<sup>50</sup>

De-Stress

Reg. \$59.<sup>95</sup>

Healthy Heart

## One Kit to Start Building a Healthy Foundation

We challenge you to take an active role in your wellness and that of others. We challenge you to take the Optimal Wellness Kit.

The Optimal Wellness Kit provides three of our most popular products:

These provide the foundation for healthier living by promoting a healthy Immune System, Cardiovascular system and mental health to name a few.

Get the kit for only \$69.<sup>95</sup> ~~Reg. \$104~~

### What Makes Optimal Wellness Kit Unique:

#### Isotonix® Multivitamin

- Supports a healthy immune system
- Contains 100 percent or more of the recommended daily value of essential vitamins and minerals
- Promotes the conversion of food into energy
- Supports a healthy cardiovascular system
- Supports strong bones
- Promotes skin health
- May promote mental clarity
- Helps maintain normal blood pressure
- Supports a healthy thyroid
- Promotes normal healing
- Helps maintain normal metabolic functioning
- Supplements deficiencies in diet
- Promotes healthy growth and repair of tissue
- Helps maintain water and electrolyte balance in the body
- Contains vitamins that support the body's ability to metabolize fats and carbohydrates and support a healthy body weight
- Provides vitamins and minerals associated with healthy body weight

#### Primary Benefits of Isotonix® Activated B-Complex\*

- Contains activated forms of select B vitamins to ensure optimal utilization by the body
- Helps decrease stress and improve mood
- Helps maintain healthy levels of serotonin
- Increases energy
- Meets need for B-vitamins in a vegetarian diet
- May help protect telomeres, markers of DNA stability
- May help in the maintenance of long term health
- May support DNA integrity
- Promotes cardiovascular health
- Promotes healthy levels of homocysteine
- Promotes normal cognitive performance

#### Heart Health™ Essential Omega 3 Fish Oil with Vitamin E

- Helps maintain normal cholesterol levels
- Promotes healthy blood pressure levels
- Helps maintain normal blood flow
- Helps maintain normal triglyceride levels in the blood
- Promotes overall cardiovascular health
- Helps maintain healthy levels of C-reactive protein
- Promotes a healthy complexion
- Helps enhance mood
- Promotes healthy lubrication of the eye
- Promotes normal tear production and volume
- Helps promote healthy blood flow to the eye
- May help to retain low-light visual acuity